



“Finding Emmaus by Pamela S. K. Glasner is one of the most fascinating novels I have read this year. Honestly, this book had me from the opening paragraph and didn’t let go even after the book ended.”

Finding Emmaus

By Pamela S.K. Glasner

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~~Five-Star Review by April M. Hanson, San Jose, CA; ReviewTheBook.com~~

“Finding Emmaus” by Pamela S. K. Glasner is one of the most fascinating novels I have read this year. The story takes place in a world where anyone who is too different is thought to have a mental illness and is often persecuted by those who don’t understand. The author takes 2 characters thought to be “ill” and separates them by 300 years then weaves their stories together to show that even though the medical treatments may have changed the acceptance of those who are different by society as a whole, has not.

It is the mid-1600’s and Frank Nettleton has just learned from his grandmother that his “dark days” are due to the fact that he is an empath. Unfortunately it will be many years before he really starts to understand what that means and, when he does, he decides to gather as much information as possible to create a guide for future empaths so they don’t have to go through the years of struggle that he and many others like him, had to endure. The final goal is to get his great work, called The Lodestarre, published but the time is not right and he dies without seeing his dream come to fruition.

Katherine Spencer has just found out that all those years of being diagnosed as “bipolar” may have been a mistake. The countless prescriptions and their debilitating side effects were all for nothing because she is, in fact, an empath. In her research to find out more about empathy she discovers a reference to a book that may have been written 300 years earlier and is excited by the prospect of a manual that could help her understand what is going on and how to live with it. Problem is no one knows if the book really exists as no one has ever been able to find it.

When Katherine sets out on a journey to find this missing book her life, and Frank’s, come together. The result of this intertwining of lives will rock the mental health world and strike fear into the pharmaceutical industry which stands to lose a lot of money if this theory of empathy is taken seriously.

I really found this to be an exciting book that was driven by characters I cared about from the moment they were introduced. I was particularly riveted by Frank’s story, which does take up a lot of the book, and couldn’t wait to see what was going to happen to him. Honestly, this book had me from the opening paragraph and didn’t let go even after the book ended. I’m glad there are more books planned with these characters as I can’t wait to see where their lives go next.